

# Title: Clinical Practice Guidelines for School-Based Therapists: Supported Standing Programs and Gait Trainer Use

## **Course Timed Agenda & Outline:**

| 9:00      | Clinical Practice Guidelines, how to use them in | Powerpoint, handouts, web        |
|-----------|--|----------------------------------|
|           | your practice                                    | sites, resources                 |
| 9:20      | Types of standers, options                       | Lecture, worksheet, discussion   |
|           | Best practices, effective dosing                 |                                  |
| 10:00     | Break  |                                  |
| 10:10     | GMFCS Levels 2-5, contractures, hip subluxation  | Lecture, interactive discussion, |
|           | and pathological fractures                       | handouts                         |
| 11:00     | Case studies, using the data                     | Lecture, interactive small group |
|           |  | activity, lg group discussion    |
| 11:30     | Lunch  |                                  |
| 12:40     | Types of gait trainers, options                  | Lecture, worksheet, discussion   |
|           | Best practices, effective dosing                 |                                  |
| 1:30      | Troubleshooting the unique student needs         | Q&A, interactive discussion,     |
|           |  | web resources                    |
| 2:00      | Break  |                                  |
| 2:10      | Design and implement mobility programs,          | Lecture, interactive discussion, |
|           | GMFCS Level 2-5                                  | handouts                         |
| 2:45      | Case studies, using the data                     | Lecture, interactive small group |
|           |  | activity, lg group discussion    |
| 3:15-3:30 |  | Interactive discussion, web      |
|           |  | resources, Q&A                   |

Course Level: Intermediate

## **Learning Outcomes:**

At the end of this course participants will be able to:

- 1. Given GMFCS level, case study information, and stander, the therapist will be able to match dosing guidelines, from a selection, for two different types of diagnoses.
- 2. Given GMFCS level, case study information, and gait trainer, the therapist will be able to match dosing guidelines, from a selection, for two different types of diagnoses.
- 3. Name three components of an implementation program for mobility.

#### **Completion Requirements:**

Learning outcomes will be assessed by one or more of the following methods: fill-in-the-blank, matching, small group activity, checklist, interactive activity, and/or activity completion.

Participants are required to attend and participate in the full day(s) of training. Partial continuing education credits are not offered.

## **Cancellation and Refund Policy:**

Cancellations **must** be completed online or sent to <u>cancellations@esc4.net</u>. no later than seven calendar days prior to event. Phone cancellations are not accepted. Registrations are transferrable.

A processing fee of 25% of the registration cost with a minimum fee of \$35 will be applied to the refund. No refunds for online courses, nonattendance, or cancellations submitted one to six days prior to the event. Participants will receive a full refund for events cancelled by Region 4.

Registration Cancellations must occur at least seven days prior to the first class in order to be eligible for refund of registration fees.

#### Class Cancellation:

In the event of a class cancellation you will be contacted by email.

#### Questions?

Visit our <u>Help & How-To</u> page, manage your <u>registrations online</u> or contact Registration Services at <u>register@esc4.net</u>

Region 4 Education Service Center (Region 4) is accessible to individuals with disabilities. If you have special needs or require special arrangements in order to participate in a session, please contact Region 4 Registration Services five working days prior to the training program date 713-744-6326 or Register@esc4.net.



Region 4 Education Service Center is an AOTA Approved Provider of continuing education. AOTA does not endorse specific course content, products, or clinical procedures. For more information obout AOTA approved provider continuing education, go to www.aota.org. Continuing education requirements for therapists in Texas is available at http://www.ptot.texas.gov/occupational-therapy.

## **Region 4 Education Service Center**

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